

Helen E. Nash, MD



HELEN E. NASH, MD EDUCATIONAL TRUST FUND:

Lasting Legacy of a Teacher, Friend, and Mentor

When beloved St. Louis pediatrician and community leader **Dr. Helen Nash**, passed away in 2012 her directives included funding a scholarship for St. Louis area students who want to attend a Missouri college.

DR. NASH'S NIECES, DR. ALISON NASH AND LAUREN MING WERE LOOKING FOR WAYS TO IMPLEMENT THEIR AUNT'S WISHES, and their search resulted in the creation of an endowment fund at The Scholarship Foundation that supports two students annually with up to \$7,000 each in scholarship grants to offset the costs of college.

Dr. Helen Nash was a woman of significant intelligence and conviction, known by generations of St. Louisans as a champion for black children. Her brother, **Dr. Homer Nash**, is also a storied St. Louis physician, as is his daughter, Dr. Allison Nash. Lauren Nash Ming strayed from the family passion for medicine and instead pursued accounting, a talent which served well the family's search for scholarship providers. Lauren's high standards and focused questions resulted in the choice of The Scholarship Foundation of St. Louis to implement the scholarship and ultimately led Lauren to join the board of directors, where she has served as Treasurer, Member at Large, and is now Vice President of Advocacy.



“College matters. Your voices matter. Speak up and speak out about changes that are needed. Where systematic racism exists, demand substantive changes.”

Lauren Nash Ming

Lauren attended Howard University during what she recalls was a period of social unrest and activism. Her message to students today is, *“College matters. Your voices matter. Speak up and speak out about changes that are needed. Where systematic racism exists, demand substantive changes.”*

Dr. Helen Nash was a leader in her field, a teacher, a friend, and a mentor to many throughout her life. The scholarship she created furthers her life's mission—as well as the mission of The Scholarship Foundation—of encouraging young adults to fulfill their dreams.

Helen E. Nash, MD with a young patient, circa 1980.

Credit: Becker Medical Library, Washington University School of Medicine