

Student Name: _____

School: Southeast Missouri State University

Agency

Appreciation

Beauty

Academic Resources	If you need...	Contact Information
Academic Advising	<ul style="list-style-type: none"> • Help with course selection and registration. • Assistance with education and career development planning. 	Advising - North Location: Polytechnic Building 301 Phone: 573-651-5090 Advising - South Location: Academic Hall 057, MS 3333 Phone: 573-651-2007 General email: advising@semo.edu Web: https://semo.edu/advising/index.html
Career Center	<ul style="list-style-type: none"> • Assistance with jobs and internship search. • Career counseling or assistance with résumés and interviews. 	Office of Career Services Location: Academic Hall 057 Phone: 573-651-2583 Email: careerservices@semo.edu Web: https://semo.edu/careers/
Computer Lab/Library	<ul style="list-style-type: none"> • Access to computer hardware, software and technology support. • Research or educational materials or a quiet space to study. • Help with academic research. 	Kent Library Location: One University Plaza, MS 4600 Phone: 573-651-2232 Email: kentlibrary@semo.edu Web: https://library.semo.edu/ Computer Labs Web: https://semo.edu/it/itcomputerlabs/index.html
Disability Services Center	<ul style="list-style-type: none"> • Support from an interpreter, reader, technology, and/or other accommodations to help you fully participate in the learning experience. (To receive services, prior registration and submission of documentation may be required.) 	Office of Disability Services Location: Towers East 11th Floor Phone: 573-651-5927 Email: ds@semo.edu Web: https://semo.edu/ds/index.html
Tutoring	<ul style="list-style-type: none"> • To meet with a tutor in-person and receive individualized help with your coursework-related questions 	University Tutorial Services Location: Kent Library 412 Phone: 573-651-2861 Email: tutorialservices@semo.edu Web: https://semo.edu/academic-support-centers/lap/tutorial-services.html

Math Learning Center	<ul style="list-style-type: none"> Support with math classes or courses that require math skills. 	<p>Mathematics Learning Centers Locations: Johnson Hall Room 112 and Memorial Hall Room 104 Phone: 573-651-2164 Email: math@semo.edu</p> <p>Web: https://semo.edu/math/learning-center.html</p>
Student Success/TRiO Support Services	<ul style="list-style-type: none"> Tutoring assistance, scholarships, learning strategies, study skills and advising services. Support services for first-generation students, students with financial need, and/or students with a disability. 	<p>Student Support Services/TRiO Location: University Center Room 206 Phone: 573-651-2512 Email: stusupportserv@semo.edu</p> <p>Web: https://semo.edu/academic-support-centers/sss/index.html</p>
Writing Center	<ul style="list-style-type: none"> Free assistance with writing projects across curriculum. (This is staffed by trained tutors.) 	<p>Center for Writing Excellence – Writing Lab Location: Memorial Hall 103 Phone: 573-651-2460 Email: writing@semo.edu</p> <p>Web: https://semo.edu/writing/writing_lab.html</p>

Commitment

Courage

Diligence

Encouragement

Exploration

Financial Resources	If you need...	Contact Information
Billing / Office of Cashiers	<ul style="list-style-type: none"> To view, ask questions about, or pay a bill for tuition, fees, etc. To enroll in a payment plan. 	<p>Student Financial Services Location: Academic Hall Room 019 Phone: 573-651-2253 Email: sfs@semo.edu</p> <p>Web: https://semo.edu/sfs/cost-billing/</p>
Financial Aid Office	<ul style="list-style-type: none"> FAFSA-related answers, information regarding financial aid packages, payment options, grants, loans, scholarships, work-study employment. Emergency aid or fee waivers. 	<p>Student Financial Services Location: Academic Hall Room 019 Phone: 573-651-2253 Email: sfs@semo.edu</p> <p>Web: https://semo.edu/sfs/financialaid/</p>
Registrar's Office	<ul style="list-style-type: none"> Documentation pertaining to enrollment, course registration, grades, degree, and graduation information/services. To obtain an official academic transcript. Add, drop, or change your course schedule. 	<p>Registrar's Office Location: Academic Hall Room 057 Phone: 573-651-2250 Email: registrar@semo.edu</p> <p>Web: https://semo.edu/registrar</p>

Growth

Involvement

Linkage

Personal Resources	If you need...	Contact Information
Counseling Center	<ul style="list-style-type: none"> Assistance managing healthy coping strategies, concerns resulting from personal challenges, anxiety, depression, relationship problems, or difficulties with school or work. 	<p>Location: Towers East 11th floor Other locations: Scully 318; River Campus - Art Resource Center Room RCS 102 Phone: 573-986-6191 Email: ucs@semo.edu Web: https://semo.edu/ucs/counseling.html</p>
Redhawk Food Pantry	<ul style="list-style-type: none"> Support to help alleviate hunger and food insecurity. 	<p>Location: Kent Library 123 Phone: 573-651-2236 Email: redhawkpantry@semo.edu Web: https://semo.edu/pantry/</p>
Helpdesk (IT Support)	<ul style="list-style-type: none"> Quick answers, solutions to your online information technology questions, password reset, or student account login services. 	<p>IT Help Desk Location: Memorial Hall 107 Phone: 573-651-4357 Email: helpdesk@semo.edu Web: https://semo.edu/it/helpdesk/</p> <p>IT Office Phone: 573-651-2217</p>
Division of Student Affairs	<ul style="list-style-type: none"> Academic and personal support through counseling, programming, and other student involvement-related resources and activities. 	<p>Location: 1401 N. Sprigg Web: https://semo.edu/cs/services/</p>
Safety	<ul style="list-style-type: none"> Service-oriented campus safety and parking information. 	<p>Location: One University Plaza MS 7275 Email: dps@semo.edu</p> <p>Department of Public Safety Web: https://semo.edu/dps/</p> <p>University Police Phone: 573-651-2215 Emergency operations: 573-651-2547 Web: https://semo.edu/police/</p>

Optimism

Sharing

Trust

Wonder